

chlamydia treatment for your partner

PATIENT INFORMATION



Why do my partners need treatment for chlamydia?

So they don't get serious health problems, give the infection back to you or pass it on to other people.

Chlamydia treatment for your partner is also known as Patient Delivered Partner Therapy (PDPT) and is a quick and easy way to get sexual partners treated for chlamydia without them having to see a doctor.

How does PDPT work?

Your doctor has given you the medication (drug), azithromycin, to give to any sexual partner/s from the past six months.

What should I do next?

1. Take your medication yourself.
2. Do not have sex for 7 days after you take the medication.
3. Tell all your sexual partners from the last six months.
4. Give each of your sexual partners from the last 6 months the PDPT medication to take, and the partner information sheet.
5. Encourage them to visit a doctor or clinic to get tested for other STIs.
6. Visit a doctor in 3 months to get retested for chlamydia.

How do I tell my sexual partner/s I was treated for chlamydia?

Explain that you've been diagnosed and treated for an infection called chlamydia. It is passed on during sex so they may have it too.

Encourage all partners to read the 'partner information' you give to them.

Need help to prepare?

Check out ways to 'Talk to your partner' here www.playsafe.health.nsw.gov.au/treatment/PDPT

Will the medication treat all STIs?

No. This medication will ONLY treat chlamydia. That's why it is important that your partner/s also visit a doctor to be tested for other STIs, including HIV.

What if my partner is pregnant or thinks she may be pregnant?

Before taking the medication, your partner should talk with a doctor. She should see a doctor as soon as possible to be tested for other STIs, which may be passed on during pregnancy and delivery.

What should I do after giving my partner/s this medication?

Do not have any sex (oral, vaginal or anal sex) until 7 days after both you and your current partner/s have been treated. You can get chlamydia back again if you have sex before this time.

Get re-tested in 3 months for chlamydia to ensure you haven't caught it again. It's very common to get infected again soon after your first chlamydia infection.

What if a partner doesn't want to take the medication?

Let the partner know that not getting treated could result in serious health problems.

They can see their doctor as soon as possible to be tested and treated for chlamydia and other STIs or call the number below for advice. They should not have sex or should use a condom until they have been tested and treated for chlamydia.

What if I can't get the medication to all of my sexual partners from the last 6 months?

Let your doctor know so they can offer help with contacting your partners.

For more information or help, please call 1800 451 624 or visit www.playsafe.health.nsw.gov.au/treatment/PDPT



Prescribing Doctor:

Name: _____

Clinic: _____

Phone: _____